
[SERMON NOTES]

Prayer (*Daniel 6:1-11*)

The _____ of prayer is being _____.

P _____

R _____

A _____

Y _____

When we aren't prioritizing _____, we aren't prioritizing _____.

If we desire to be like Jesus, we must become _____.

We are not called to a posture of _____ but of _____ rooted in prayer.

4 Roadblocks to Prayer

1. "I don't have enough _____."
2. "I'm not sure _____ actually works."
3. "I don't know _____."
4. "I'm not _____."

Prayer is the place where the _____, the _____, the _____, and the _____ of God rest on us.

[QUICK REVIEW]

Looking at your notes from this week's teaching, was there anything you heard for the first time or something that caught your attention, challenged, or confused you?

[MY STORY]

Conversations with people we love are sometimes great and at other times they are boring. There are always those conversations we look forward to but also those we dread. The same is true with communication with God. **What has been your primary experience with prayer? What are some of the most encouraging answered prayers? What are some of the most confusing unanswered prayers?**

[DIGGING DEEPER]

One of the things we talked about in this week's message was the idea that our phones and digital devices are often a distraction from keeping our attention on Jesus. We also talked about the reality of the busyness of life in the 21st century. ***What are some of the biggest distractions and areas of busyness that may prevent you from connecting to God regularly?***

We laid out 4 main roadblocks to prayer: busyness, doubting if it works, not knowing how to, and feeling unworthy to enter into prayer. ***Which one(s) of these do you most resonate with?***

Exodus 33:11 says, "The LORD would speak to Moses face to face, as one speaks to a friend." What would it look like to speak to God regularly as a friend? What might change about the way you pray?

Jesus' life and ministry was saturated in prayer. ***Read the following passages. What seem to be some of the primary aspects of Jesus' prayer life?***

Mark 1:35

Matthew 14:23

Luke 5:16

Luke 6:12

We were reminded of the P.R.A.Y. acronym in the sermon this week—that we should Praise, Repent, Ask, and Yield. **Read Nehemiah 1:1-11.** Notice specifically Nehemiah's prayer in verses 5-11 and write out which parts coincide with each part of the P.R.A.Y. acronym.

Praise

Repent

Ask

Yield

[WEEKLY READINGS]

Studies say that someone who reads their Bible 4 times or more a week improves their joy, happiness, contentment, and overall approval of their life. (1 Tim. 4:8-10,16; 2 Tim. 3:16-17). As a church, we believe that! Below are 4 passages of Scripture this week to dive into to pull deeper on our weekend's message. We encourage you to take notes in your Bible, and ask yourself: *What does this teach me about God? Myself and others? And how do I follow Jesus better?*

John 17

Philippians 4:4-9

Matthew 6:5-15

1 Samuel 1