

[SERMON NOTES]

Light or Death – John 1:4-13

[QUICK REVIEW]

Looking at your notes from this week's teaching, was there anything you heard for the first time or something that caught your attention, challenged, or confused you?

[MY STORY]

Some scientists say that each human has differing preferences toward day or night based on whether our ancient ancestors took day or night shifts in protecting their tribal people from threats. Regardless of the truth of this, most of us have a preference for either daytime or nighttime. ***Which do you gravitate towards... the light of a new morning or the cover of darkness in the evening? In other words, are you a early bird or a night owl?***

[DIGGING DEEPER]

In our second week of our series on the book of John, we dove deep into the contrast and relationship between darkness and light. Re-read the passage from this week.

John 1:4-13

Reflect on this question: **What do we learn about light and darkness from John's opening verses?** Then, take a look at this passage in Matthew 5 about being light...

Read **Matthew 5:14-16** (in several different translations if you have time). **Rewrite the passage in your own words.**

What are some things these verses teach us about God (Father, Son, Holy Spirit)? (i.e. His plan for people, His attributes, His purposes for creation, etc.)

What are some things these verses teach us about people?

If you were to pull one thing from this passage to apply to your life to better follow Jesus as a disciple, what would it be?

[WEEKLY READINGS]

Studies say that someone who reads their Bible 4 times or more a week improves their joy, happiness, contentment, and overall approval of their life. (*1 Tim. 4:8-10,16; 2 Tim. 3:16-17*). Below are 4 passages of Scripture this week to dive into to pull deeper on our weekend's message. We encourage you to take notes in your Bible, and ask yourself: *What does this teach me about God? Myself and others? And how do I follow Jesus better?*

John 1

Psalms 18

Matthew 5

1 John 1