

[SERMON NOTES]

Unstuck Yourself – Matthew 13:1-9, 18-23

[QUICK REVIEW]

Looking at your notes from this week's teaching, was there anything you heard for the first time or something that caught your attention, challenged, or confused you?

[MY STORY]

We all have things that we want to change about ourselves. While statistically *New Year's Resolutions* aren't kept, the reason they are so widespread is because people really want to change. ***What is the one thing more than anything that you want to change in your life?***

[DIGGING DEEPER]

In our first week of our *You in Five Years* series, we looked at the Parable of the Sower to get some perspective on where we might be in our faith. (Re)read the passage from this week again:

Matthew 13:1-23

Be brutally honest with yourself (and God). ***What soil would you put yourself in during this season of your life?*** Take a look at this relevant parallel passage in Galatians 6 and walk through it with the following steps...

Read Galatians 6:7-10 (in several different translations if you have time). **Rewrite the passage in your own words.**

What are some things these verses teach us about God (Father, Son, Holy Spirit)? (i.e. His plan for people, His attributes, His purposes for creation, etc.)

What are some things these verses teach us about people?

If you were to pull one thing from this passage to apply to your life to better follow Jesus as a disciple, what would it be?

[WEEKLY READINGS]

Studies say that someone who reads their Bible 4 times or more a week improves their joy, happiness, contentment, and overall approval of their life. (*1 Tim. 4:8-10,16; 2 Tim. 3:16-17*). Below are 4 passages of Scripture this week to dive into to pull deeper on our weekend's message. We encourage you to take notes in your Bible, and ask yourself: *What does this teach me about God? Myself and others? And how do I follow Jesus better?*

Matthew 13

Galatians 6

Proverbs 13

2 Corinthians 4